



AVALANCHE RISK MANAGEMENT

PARTICIPANT
INFORMATION

A Objectives

- Revise **Module 1 / Avalanche Safety**
- Learn how to prepare for outings in the mountains
- Increase your knowledge about 3 x 3 (conditions, terrain, human factors)
- Learn to respect and protect local flora and fauna
- Learn to estimate and measure the slope
- Learn how to use the risk evaluation method
- Learn the behaviours needed to reduce risks
- Être à même de réaliser une action de sauvetage

D Formative Evaluation

1. Who are you and what are your expectations?
2. After turning on the transceiver, describe what you do next to the group
3. What are the most important items of information on the avalanche forecast / bulletin?
4. Using the information collected on the current avalanche situation, the local area or any other information you gather fill out the 3x3 grid as completely as possible.
5. What are the dangers you face off-piste and what are the basic precautions you need to use to reduce risks and dangers?
6. What do you do if there is an avalanche accident?

B Qualifications

Module 2 participants / Avalanche risk management as learned in Module 1 / Any other avalanche safety skills acquired through personal experience to be explained to the instructor

C Materials required

- Warm clothes
- Complete set of snow equipment with touring bindings, skins and split boards or snow shoes for snowboarders
- Backpack (eventually an Airbag backpack)
- Transceiver (DVA 3 antennas and a marking function) probe and a shovel
- Orientation materials (regional maps in 1:25000 and/or 1:50000 scale, compass, altimeter)
- Smartphone + app White Risk
- Small personal pharmacy
- Pen and Paper
- A small snack and a hot drink

E Certification

At the end of the first training module you will receive a certification in the form of a credit card.

This training certification is current and available online at www.swissmountaintraining.ch

Important: Mountain activities can expose you to risks and danger. We recommend you take accident insurance including mountain rescue.

This training programme conforms to the quality and safety standards of the Swiss mountain guides. This certification is a first step in your training curriculum and an invitation for you to continue learning and to perfect your skills

We hope you enjoyed the course and found it enlightening. Don't stop here, sign up for our next module. Find out more at www.whiterisk.ch explore the Bases section.

We thank you for attending and hope you have some magical, accident-free, moments in the mountains.

